



# JOSEPHSPINE

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I N S T I T U T E

**Samuel A. Joseph, Jr., M.D.**

**Ron Chatterjee, M.D.**

**Andrew W. Moulton, M.D.**

**Thuy M. Nguyen, D.O.**

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Your appointment has been scheduled: \_\_\_\_\_

Your appointment time is: \_\_\_\_\_

Please arrive at: \_\_\_\_\_

- 2727 West Dr. Martin Luther King Jr. Blvd.  
Suite 590  
Tampa, FL 33607
- 514 Eichenfeld Drive  
Suite 202  
Brandon, FL 33511
- 1840 Mease Drive (Medical Arts Building)  
Suite 309  
Safety Harbor, FL 34695
- 710 94<sup>th</sup> Avenue North  
Suite 309  
St. Petersburg, FL 33702

## **You must bring the following to your appointment:**

- ✓ New Patient Packet completed
- ✓ MRI films, CT films, X-Ray films and reports for all films. \_\_\_\_\_
- ✓ Photo ID
- ✓ Insurance ID

If you have any questions related to your MRI films, CT, X-Ray, or reports, please call (813) 534-6269.

Thank you,

Joseph Spine Institute

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# JOSEPH SPINE INSTITUTE

## NEW PATIENT INFORMATION

Chart: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Male / Female (circle one)      ( ) Right Handed      ( ) Left Handed

Is your problem related to:

Auto Accident:                      [ ] Yes    [ ] No    Date: \_\_\_\_\_

Job Injury:                            [ ] Yes    [ ] No    Date: \_\_\_\_\_

Other:                                    [ ] Yes    [ ] No    Date: \_\_\_\_\_

Which physician can we thank for your referral? \_\_\_\_\_

Briefly describe your main complaint/problem. Also, describe the injury that caused these symptoms, if applicable:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long have you had this problem? \_\_\_\_\_

[For physician use only. History of present illness. [Preliminary notes: refer to dictation for more details]

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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# BACK PAIN

## Relationship to Injury

- Injury Related
- Related to repetitive activity
- Not related to specific injury

## Injury Setting

- At home
- At work
- Motor Vehicle Accident

## Past Evaluation Setting

- Primary Care
- Specialty Provider
- Emergency Room
- Hospitalization
- Urgent Care

## Past Evaluation

- ESR
- C-reactive protein
- Spine x-rays
- Spine CT
- Spine CT myelogram
- Spine MRI
- Bone Scan
- Electromyography
- Nerve conduction studies
- Provocation discography
- Diagnostic selective nerve block
- Rheumatology evaluation
- Neurology evaluation
- Neurosurgery Evaluation
- Orthopedic Evaluation

## Past Treatment

- Nonsteroidal anti-inflammatory drugs
- Non-opioid analgesics
- Opioid analgesics
- Muscle relaxants
- Tricyclic antidepressants
- Anticonvulsants
- Corticosteroids
- Physical therapy
- Chiropractic Therapy
- Manipulation
- TENS Unit

## Past Treatment Continued

- Mental health care
- Laminotomy
- Laminectomy
- Discectomy
- Spinal fusion
- Vertebroplasty
- Kyphoplasty
- Artificial disc replacement

## Past Procedures

- None
- Nerve block
- Trigger point injection
- Epidural injection facet injection
- Radiofrequency neurolysis
- Lysis of epidural adhesions
- Spinal cord stimulation
- Intrathecal pump

## Symptoms

- Back pain
- Back stiffness
- Decrease spine range of motion
- Decreased flexion
- Decreased extension
- Decreased lateral bending
- Decreased rotation
- Lower extremity numbness
- Lower extremity tingling
- Lower extremity weakness

## Pain Location

- Upper back
- Mid back
- Low back
- Left upper back
- Left mid back
- Left low back
- Left sacroiliac region
- Right upper back
- Right mid back
- Right low back
- Right sacroiliac region
- Left side more than the right
- Right side more than the left

## Radiation

- None
- Left arm
- Left flank
- Left groin
- Left buttock
- Left thigh
- Left calf
- Left great toe
- Left lateral foot
- Right arm
- Right flank
- Right groin
- Right buttock
- Right thigh
- Right calf
- Right great toe
- Right lateral foot

## Pain Quality

- Sharp
- Dull
- Aching
- Burning
- Shooting
- Stinging
- Stabbing
- Throbbing

## Timing

- Constant
- Intermittent
- Mostly during the day
- Mostly nocturnal

## Progression

- Worsening
- Unchanged
- Improving
- Resolved

## Exacerbating Factors

- Coughing
- Lifting
- Sitting
- Standing

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# BACK PAIN

## Exacerbating Factors Continued

- Walking
- Climbing stairs
- Side sleeping position
- Supine sleeping position
- Prone sleeping position

## Relieving Factors

- Ice
- Heat
- Rest
- Lying supine
- Stretching
- Nonsteroidal anti-inflammatory drugs
- Non-opioid analgesics
- Opioid analgesics
- Physical therapy
- Back brace
- Acupuncture
- Manipulation
- Injection treatments

## Associated Symptoms

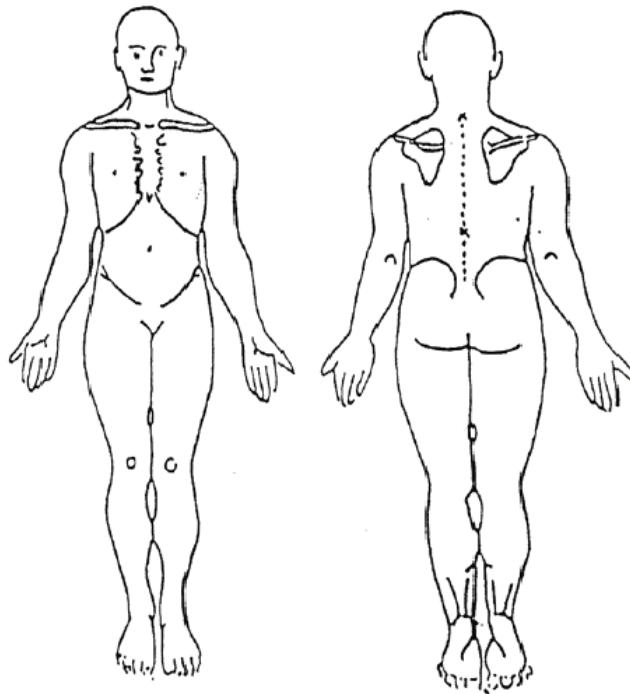
- Headache
- Neck pain dizziness
- Difficulty walking
- Difficulty Sleeping
- Urinary incontinence
- Fecal incontinence
- Sexual dysfunction
- Depression
- Suicidal ideation

## Functional Limitations

- General activity
- Walking ability
- Work
- Housework
- Activities of daily living
- Hobbies
- Social relationships
- Sleep
- Enjoyment of life

## Current Treatment

- None
- Nonsteroidal anti-inflammatory drugs
- Non-opioid analgesics
- Non-opioid analgesics
- Muscle relaxants
- Tricyclic antidepressants
- Anticonvulsants
- Corticosteroids
- Physical therapy
- Manipulation
- TENS unit
- Mental health care



If you have BACK PAIN, what percentage of your pain is \_\_\_\_\_% Back and \_\_\_\_\_% Leg (Total 100%)

Mark an X on the line indicating the usual degree of the pain :

(0 = no pain and 10 = the worst pain)

\_\_\_\_\_

0    1    2    3    4    5    6    7    8    9    10

Least Pain Worst Pain

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# NECK PAIN

## Relationship to injury

- Without any known injury
- Following a specific injury
- In association with a new activity
- In association with a change in activity
- In association with an established activity

## Injury Mechanism

- Hyperflexion
- Hyperextension
- Twisting
- A motor vehicle accident
- A fall
- Blunt force trauma
- Sleeping position
- No know event

## Symptoms

- Neck pain
- Neck stiffness
- Muscle spasm
- Crepitus
- Tenderness
- Impaired range of motion
- Shoulder pain

## Location

- Entire neck
- Left posterior neck
- Left anterior neck
- Left lateral neck
- Right posterior neck
- Right anterior neck
- Right lateral neck

## Radiation

- None
- Left trapezius
- Left chest
- Left shoulder
- Left arm
- Left upper arm
- Left forearm

## Radiation Continued

- Left hand
- Right trapezius
- Right chest
- Right shoulder
- Right arm
- Right upper arm
- Right forearm
- Right hand

## Pain Quality

- Sharp
- Dull
- Arching
- Burning
- Stinging
- Throbbing

## Timing

- Constantly
- Frequently
- Intermittently
- Occasionally
- Rarely
- During the day
- At night

## Severity

- Mild
- Moderate in severity
- Severe

## Progression

- Worsening
- Unchanged
- Improving
- Resolved

## Exacerbating Factors

- Turning the head to the right
- Turning the head to the left
- Use of the right arm
- Use of the left arm

## Exacerbating Factors Continued

- Neck flexion
- Neck extension
- Neck movement

## Relieving Factors

- Ice
- Heat
- Rest
- Lying supine
- Stretching
- Nonsteroidal anti-inflammatory drugs
- Non-opioid analgesics
- Opioid analgesics
- Physical therapy
- Back brace
- Acupuncture
- Manipulation
- Injection treatments

## Associated Symptoms

- Headache
- Upper extremity paresthesias
- Upper extremity weakness
- Tinnitus
- Impaired hearing
- Impaired memory
- Impaired vision

## Current Treatment

- None
- Nonsteroidal anti-inflammatory drugs
- Acetaminophen
- Muscle relaxants
- Non-opioid analgesics
- Opioid analgesics
- Ice
- Heat
- Massage
- Physical therapy
- Manipulation
- Soft cervical collar
- Rigid cervical collar
- TENS Unit

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# NECK PAIN

## Pertinent Medical History

- Neck pain
- Spinal surgery
- Low back pain
- Cervical disc herniation
- Neck injury

## Past Treatment Continued

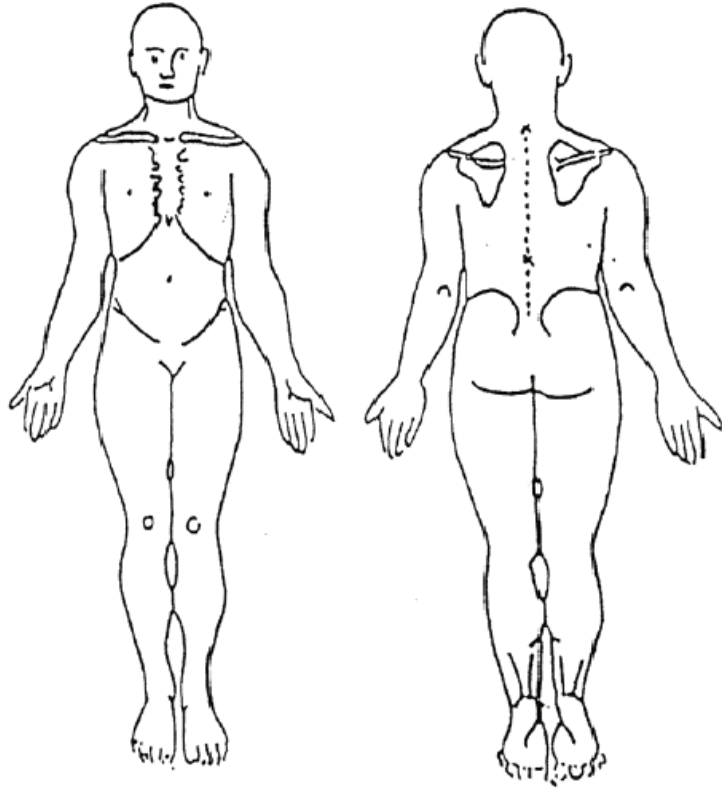
- Soft cervical collar
- TENS unit
- Spinal injection
- Spinal surgery

## Presentation

- Neck pain
- Neck stiffness
- Shoulder pain
- Headache
- Arm pain
- Arm paresthesias
- Arm numbness

## Past Evaluation

- None
- White blood cell count
- Erythrocyte sedimentation rate
- Cervical spine x-rays
- Cervical spine CT
- Myelogram CT
- Cervical spine MRI
- Nerve conduction velocity studies
- Electromyogram
- Neurology evaluation
- Orthopedics evaluation
- Physical therapy evaluation
- Chiropractic evaluation



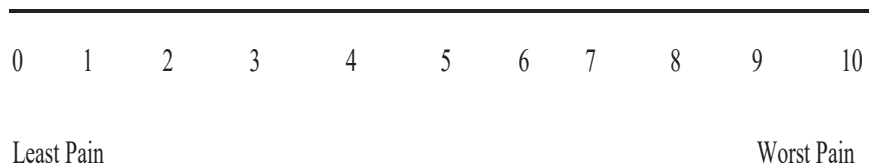
## Past Treatment

- None
- Nonsteroidal anti-inflammatory drugs
- Acetaminophen
- Muscle relaxants
- Non-opioid analgesics
- Opioid analgesics
- Ice
- Heat
- Massage
- Physical therapy
- Manipulation
- Rigid cervical collar

If you have NECK PAIN, what percentage of your pain is \_\_\_\_\_% Neck and \_\_\_\_\_% Arm (Total 100%)

Mark an X on the line indicating the usual degree of the pain :

(0 = no pain and 10 = the worst pain)



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How long can you **STAND** with no or minimal pain? \_\_\_\_\_ minutes.

**WALKING DISTANCE** with no or minimal pain:

0-50 ft    50-200 ft    200-500 ft    500+ ft    ½ mile +

Do you need **SUPPORT** to help you walk?  Y    N

If yes, what kind of brace? \_\_\_\_\_

List below the **PREVIOUS PHYSICIANS** (MD, DO, Chiropractor) you have seen for your main complaint/problem.

Physician	Specialty	Dates	Treatment

Indicate which **DIAGNOSTIC STUDIES** you have had in evaluation of your main complaint/problem. (include dates)

Test	Date	Test	Date	Test	Date
X- Ray		EMG/NVC/SSEP		CT Scan	
Bone Scan		Arthogram		Dexa Scan	
Myelogram		MRI		Diskogram	
Other:					

**PAST MEDICAL HISTORY** Check below if you have had any of the following:

	✓	Comments		✓	Comments
Bowel disorders			Osteoporosis		
Cancer-where			Pacemaker		
Depression			Polio		
Diabetes			Psoriasis		
Heart disease			Rheumatoid arthritis		
High blood pressure			Seizures		
High cholesterol			Serious infection		
Kidney disease			Stroke		
Lung disease			Thyroid condition		
Multiple myeloma			Ulcers		
Prior Accidents:					

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List any **SURGERY OR SURGERIES** you have had:

Type	Date	Outcome

List any **DRUG ALLERGIES** you have:

Drug	Type of Reaction

List **ALL CURRENT MEDICATIONS** as follows:

Name	Dose (Milligrams, grams)	How Often – (per day)	How Long

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**SOCIAL HISTORY & HABITS**

**Occupation:** \_\_\_\_\_

**Marital Status:** || Single      || Married      || Separated      || Divorced      || Widowed

**Highest Level of Education:** || Less than high school      || High school graduate  
|| Some college      || College Graduate      || Postgraduate      || Unknown

**WORK STATUS**

[   ] Full duty   [   ] Light duty   [   ] Off duty per physician   [   ] Unemployed   [   ] Retired

If you are **NOT** working a full day, how long have you been off work?

Have you had a work capacity assessment?   [   ] Yes   [   ] No

Are you disabled through Social Security?   [   ] Yes   [   ] No

**TOBACCO USE**

Do you currently use tobacco products? [   ] Yes   [   ] No   Start Age/Year: \_\_\_\_ Stopped \_\_\_\_

If yes, indicate quantity per day: Cigarettes \_\_\_\_ Cigars \_\_\_\_ Chewing Tobacco (snuff) \_\_\_\_

**ALCOHOL USE**

Do you currently consume alcoholic beverages? [   ] Yes   [   ] No

If yes, indicate quantity per day: Beer \_\_\_\_\_ Wine \_\_\_\_\_ Distilled Spirits \_\_\_\_\_

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**FAMILY HISTORY**

Has any member of your family been diagnosed with any of the following conditions (include deceased family members)? Place an “X” under the correct family member with the condition, and indicate if the family member passed away due to that condition.

	<b>Father</b>	<b>Mother</b>	<b>Father’s Parents</b>	<b>Mother’s Parents</b>	<b>Brother(s)</b>	<b>Sister(s)</b>
Anemia	_____	_____	_____	_____	_____	_____
Arthritis	_____	_____	_____	_____	_____	_____
Bleeding Disorder	_____	_____	_____	_____	_____	_____
Cancer	_____	_____	_____	_____	_____	_____
Coronary Artery Disease	_____	_____	_____	_____	_____	_____
Diabetes Mellitus	_____	_____	_____	_____	_____	_____
Gout	_____	_____	_____	_____	_____	_____
Hypertension	_____	_____	_____	_____	_____	_____
Osteoporosis	_____	_____	_____	_____	_____	_____
Seizures	_____	_____	_____	_____	_____	_____
Sickle Cell Disorder	_____	_____	_____	_____	_____	_____
Other: _____	_____	_____	_____	_____	_____	_____

**VITALS:** Weight: \_\_\_\_\_ Height: \_\_\_\_\_ (Females only) LMP: \_\_\_\_\_

**REVIEW OF SYSTEMS:**

Please place a check mark in the box next to any of the following symptoms or problems if you have experienced them recently or have concerns about them. If you don't understand something place a question mark "?" by it. Your doctor will discuss any positive responses with you.

<b>General:</b>	Normal
<input type="checkbox"/> Weight Gain – Last 6 Months	
<input type="checkbox"/> Weight Loss – Last 6 Months	
<input type="checkbox"/> Poor Appetite	
<input type="checkbox"/> Night Sweats	
<input type="checkbox"/> Chills	
<input type="checkbox"/> Fever	

<b>Skin:</b>	Normal
<input type="checkbox"/> Rash	

<b>Respiratory:</b>	Normal
<input type="checkbox"/> Short of Breath	
<input type="checkbox"/> Cough	
<input type="checkbox"/> Sputum	
<input type="checkbox"/> History of Tuberculosis	
<input type="checkbox"/> Wheezing	

<b>HEENT:</b>	Normal
<input type="checkbox"/> Recent Changes in Vision	
<input type="checkbox"/> Recent Changes in Hearing	
<input type="checkbox"/> Recent Changes in Smell	
<input type="checkbox"/> Recent Changes in Taste	

<b>Cardiovascular:</b>	Normal
<input type="checkbox"/> Chest Pain	
<input type="checkbox"/> Palpitations	
<input type="checkbox"/> Shortness of Breath with Exercise	
<input type="checkbox"/> Murmur	
<input type="checkbox"/> Feet Edema	

<b>Gastrointestinal:</b>	Normal
<input type="checkbox"/> Nausea	
<input type="checkbox"/> Vomiting	
<input type="checkbox"/> Diarrhea	
<input type="checkbox"/> Indigestion	
<input type="checkbox"/> Abdominal Pain	
<input type="checkbox"/> Bloody or Dark Stools	
<input type="checkbox"/> Unable to Control Bowel	

<b>Genitourinary:</b>	Normal
<input type="checkbox"/> Blood in Urine	
<input type="checkbox"/> Urinary Tract Infections	
<input type="checkbox"/> Unable to Control Bladder	
<input type="checkbox"/> Rushing to go	
<input type="checkbox"/> Need to go Frequently	

<b>Musculoskeletal:</b>	Normal
<input type="checkbox"/> Cramps	
<input type="checkbox"/> Muscle Weakness	
<input type="checkbox"/> Joint Pain	
<input type="checkbox"/> Joint Swelling	
<input type="checkbox"/> Morning Stiffness	

<b>Neurological:</b>	Normal
<input type="checkbox"/> Numbness/Tingling Feet	
<input type="checkbox"/> Numbness/Tingling Hands	
<input type="checkbox"/> Convulsions	
<input type="checkbox"/> Dizziness	

<b>Psychiatric:</b>	Normal
<input type="checkbox"/> Problem Sleeping	
<input type="checkbox"/> Crying Spells	

<b>Hematology:</b>	Normal
<input type="checkbox"/> Easy Bleeding	
<input type="checkbox"/> Easy Bruising	

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