JOSEPHSPINE

FollowMyHealth[®] Registration Instructions

Welcome to the all-in-one personal health record and patient portal that lets you access your medical information in a secure online environment **24 hours a day**, **7 days a week** from any computer, laptop, tablet, or smartphone!

Just follow these simple steps to get connected today!

1
To Stewart, Bremkright Arman, Stewart, Brenkright Arman, Stewart, Brenkrigh
• You forwarded this message on 12/19/2012 10/44 AM. Congratulations on joining the new generation of patients who
#1 Choose a login method on the registration screen. Use one o you will be prompted to create a Google account for a login.
#2 Acce t the a reement to share our email/username. This i

Check your Email. You will receive an email from noreply@followmyhealth.com. Click the registration link and follow the onscreen prompts.



Click "I need to sign up" button. to sign up a new account.

If you already have an account sign in to your account.

3	
Constrained on the App Store	🐻 Sign In
	or, use an atternative
	I need to sign up <u>Help</u> English

Choose a Login Method. Create a username and password for your portal account by clicking the FMH Secure Login icon. OR Use an existing username and password from Facebook, Gmail, Yahoo, Windows Live or CernerHealth by clicking the respective icon. **Skip to Get Connected on back if you select this option**.

If You Are Creating a FMH Secure Login Account, Follow These Easy Steps:

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Create Your FMH Secure Login	FMH Secure Login Creation Successful! Inter Your INI Secure Login Overname and Passeerd to continue Overname	To Brenda Stewart Action Items	Login Account Created	
Username must begin with a letter and may not contain spaces or special characters		Hello,		
Create Your Password Password should be at least 8 characters in length, and include at least one numenc and one special character such as I@@(Please keep this er	nail for your records. Y	/ou have requested to c
		Username: brenda	stewart99	
Provide a unique username and password, along with your email and hit Continue.	Enter your FMH Secure Login username and password.	Print and sav your usernan lose your use	re the email co ne. You will ne ername or pas	ontaining ed it if you sword.

Get Connected. Follow the on-screen prompts on the next four screens to complete your connection. These screens include accepting our Terms of Service, entering your Invite Code (last four digits of your social security number*) and accepting the Release of Information.

	892
Connect your ac	count
Step 1: Welcom	e
Waterine Residentials: These scenes will follow put through the 5-rap process of correcting your CA. Press of the willcent time to complete this process from start to final called to start again from the beginning.	Universal Health Record to FMH Pro 13 3. If your section is interrupted, you will be
Tecas col Titel 10 control	



Registration and Connection is Now Complete

Your health record will now begin to upload. Please note this may take a few minutes.

		-
	Connect your account	
Pecte reveau the	Step 2: Accept Terms of Service	
	FullowRythealth Oniversal Health Record	
	Terms of Usa	
Welcome to the Fo products and servic Use carefully before to be bound by the into these Terms of Definitions	subplicability between it touch forces of a diract of this web disk, as well as the follow/plicability between it touch forces and a diract of inter- or (colorable) this "Section") are subject too behaviory tourness of the one planes are then are of the section	ied irms of agree orated
	By childing an 1 Accept here you can appearing to the terms of terms a socie and the <u>Primas faces</u> 1 Accept <u>Locano</u>	

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	Connect yo	our account
	Step 4: Release	e of Information
Percent review this Research of	Information and plack "Likebeer" of "I Deckw"	DeDM. 3
FollowMyHealth Release of Information Autho	orization	
By signing where indicated b	elow, I hereby authorize:	
FMH Pro 13 QA, on its own be directuse or disclosure of its of their respective employed information to the FollowMyF	ahalt and on behalt at: (1) all of its subsidiarie electronic health data; (2) each of their respi I or contracted health care providers, as appli- ealth portal and its administrators and opera	s and otherwise offiliated entities for which it has the authority to act or tactive employees, independent contractors and agents; and (3) each lacable (collective), "FMH Pro 12 A(2), to datase thefollowing ators (except when elisclosure is prohibited by applicable state law)
Any and all data and health	information about me maintained by FMH Pr	to 13 QA, including but not limited to information related to the followin
	I Accept	I Decline



Congratulations! You can now access your health information and start managing your care online!

Questions?

If you have questions regarding your medical information, please contact your physician's office. For more information on FollowMyHealth, please visit https://josephspine.followmyhealth.com/

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