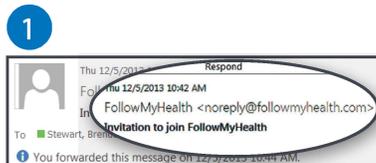


FollowMyHealth® Registration Instructions

Welcome to the all-in-one personal health record and patient portal that lets you access your medical information in a secure online environment 24 hours a day, 7 days a week from any computer, laptop, tablet, or smartphone!

Just follow these simple steps to get connected today!



Congratulations on joining the new generation of patients who [Click Here](#) to begin the registration process.

#1 Choose a login method on the registration screen. Use one you will be prompted to create a Google account for a login.

#2 Accept the agreement to share our email/username. This is

Check your Email. You will receive an email from noreply@followmyhealth.com. Click the registration link and follow the onscreen prompts.



Click "I need to sign up" button to sign up a new account.

If you already have an account sign in to your account.



Choose a Login Method. Create a username and password for your portal account by clicking the FMH Secure Login icon. OR Use an existing username and password from Facebook, Gmail, Yahoo, Windows Live or CernerHealth by clicking the respective icon. **Skip to Get Connected on back if you select this option.**

If You Are Creating a FMH Secure Login Account, Follow These Easy Steps:



Create Your FMH Secure Login

Username must begin with a letter and may not contain spaces or special characters

Create Your Password
Password should be at least 8 characters in length and include at least one numeric and one special character such as: !@#%

Provide a unique username and password, along with your email and hit Continue.



FMH Secure Login Creation Successful!

Enter Your FMH Secure Login Username and Password to continue
Username

Enter your FMH Secure Login username and password.



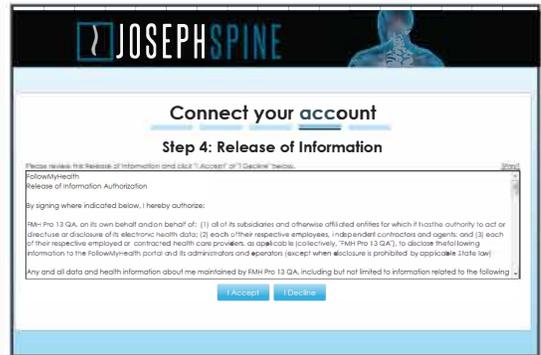
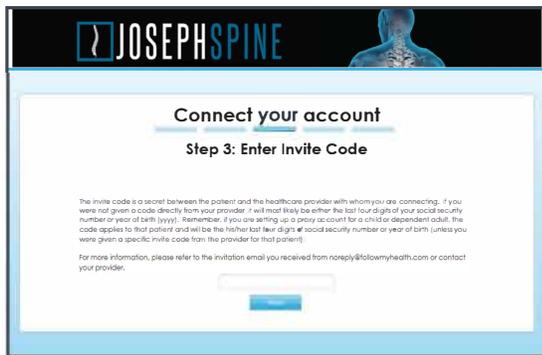
Action Items

Hello,

Please keep this email for your records. You have requested to c
Username: brendastewart99

Print and **save** the email containing your username. You will need it if you lose your username or password.

Get Connected. Follow the on-screen prompts on the next four screens to complete your connection. These screens include accepting our Terms of Service, entering your Invite Code (last four digits of your social security number*) and accepting the Release of Information.



Registration and Connection is Now Complete

Your health record will now begin to upload.
Please note this may take a few minutes.



Congratulations! You can now access your health information and start managing your care online!

Questions?

If you have questions regarding your medical information, please contact your physician's office.
For more information on FollowMyHealth, please visit <https://josephspine.followmyhealth.com/>



FollowMyHealth

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